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Reflections from the Rev.

As you are reading this, we've most likely already said goodbye to 2025 and hello to 2026. In December we reflected on the many things we accomplished in 2025. For our first newsletter of 2026, it seems appropriate to look at what we have set as goals for 2026.

As part of setting goals for the church, I thought it would be helpful for you to know more about the specific tasks of any clergy person appointed to any United Methodist congregation. These tasks are found in our Book of Discipline (affectionately referred to as the BOD). For those new to Methodism, the BOD is basically the rules of our denomination. We could spend a lot of time on the BOD alone, but how about we just focus on ¶340. The title of this section is called "Responsibilities and Duties of Elders and Licensed Pastors".

First, we have "word and ecclesial acts". This is a fancy way of saying that a pastor is expected to preach, counsel, preside over marriages and celebrations of life, and visit the sick. Next, we are responsible for "sacraments" or administering baptisms and the Lord's Supper.

There's also "order". Providing guidance and support to the lay leadership of a church. We also oversee all educational activities to make sure what is taught United Methodist thinking. We are responsible for planning, execution, and evaluation. We are to be on the lookout for others who may be called to ministry. I'm grateful for the pastor that took task seriously with me. Beyond the local church, we are expected to participate as much as possible in annual conference projects, generally projects that would enhance the ministries of their local church.

The final area of responsibility for clergy involves “service.” We are asked to embody the teachings of Jesus in servant ministry and leadership. To create environments that inspires the local church to make disciples of Jesus Christ for the transformation of the world. To encourage caring and giving ministries that extend to the local community and the world.

With all of that boring stuff behind us, let’s look at some of the things that the goals for our St. John’s United Methodist church family this year.

First let’s look at our goals for worship, teaching, and care.

- Build learning programs for all ages.

 - Build out age specific fellowship groups (i.e. Young Adult, Singles, Youth)

 - Identify someone to lead a Women’s Bible Study

 - Identify someone to lead a young person’s choir

 - Reboot the puppet ministry

- Prospective preaching Themes for 2026

 - Mix of Lectionary and other sermon series

- Increasing care offerings

 - Visiting Shut-in, Taking communion to those who can’t get to church

Now let’s look at our goals in the area of order.

- Continue with St. Johns Church Council through the book

 - “Canoeing the Mountains”. Projected to be finished by end of 2026.

- Full implementation of Tithe.ly by mid-2026.

- Look for sensible ways to cut expenses without cutting back essential church functions.

Finally let's look at our goals in the area of service.

Explore ways to be visible in the Kingman area in ways not being addressed by other churches.

Continue Spring Fling

Spring Craft Fair

More involvement in First Fridays

Health Fair

Create new mission outreach opportunities

Deeper work with the homeless residents in the area.

Suicide Awareness Efforts

Filipino Faith Fellowship

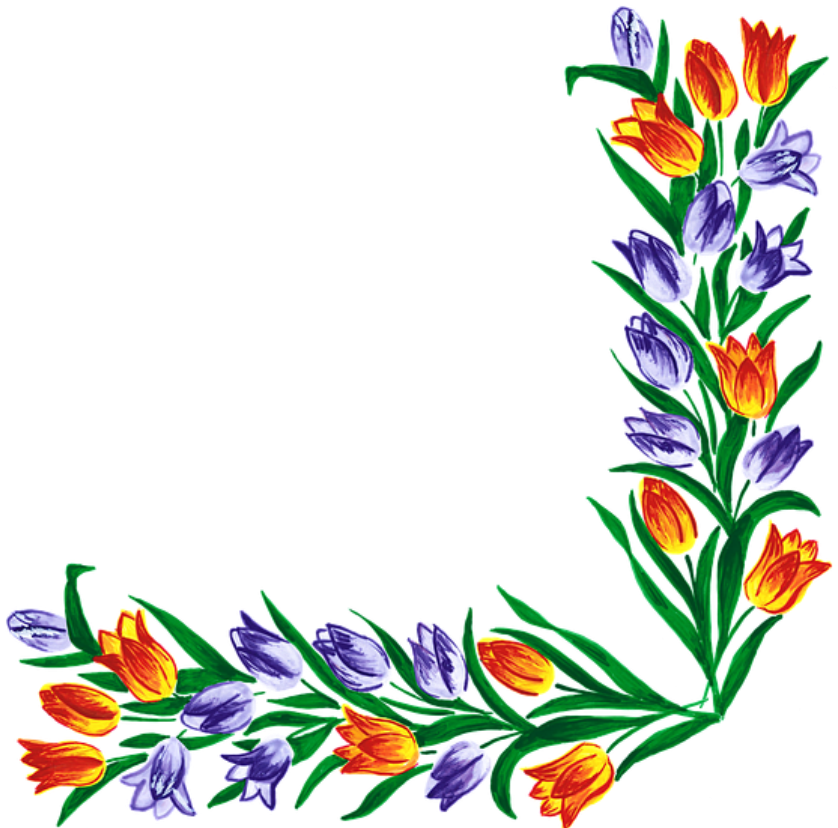
Be a part of these goals. January is the perfect time to start. This is when we have our first round of quarterly leadership meeting in 2026. You can find those committees and meeting times later in this newsletter.

You (Insert your name here) are a major key to making these goals a reality.

Happy New Year and I pray that 2026 will be a fantastic year for you.

Blessings,

Rev. Amy



Greetings from the Parish Nurse



I saw this post and it so precisely describes what I try to teach people that I am sharing it with you all. Hospice is to help and support the patient and their caregiver get through the most difficult time in their lives. There is a lot of teaching involved. Everyone is terrified.

Morphine doesn't kill people. Pain does.
But in hospice, fear often wins.

Families whisper:

"Won't it speed things up?"

"Can't we wait until the very end?"

"I don't want them to sleep through the goodbye."

We get it. You're scared. You love them.

But withholding morphine doesn't preserve life.

It prolongs suffering.

Here's the truth:

- The standard starting dose of liquid morphine (Roxanol) is 5mg—roughly equivalent in effect to one tablet of Norco 5/325 (hydrocodone + acetaminophen).
- Sublingual morphine begins working in 15–30 minutes, peaks at ~1 hour, and lasts 2–4 hours.
- When appropriately dosed and titrated, morphine rarely causes respiratory depression—even in frail, terminal patients. In one study of 27,000, the risk was <0.5%.

What morphine does:

→ Relieves pain

→ Reduces air hunger

→ Calms terminal agitation

→ Lowers cardiac strain

→ Sometimes—Relief allows a person to be more present, just long enough to say what matters most.

Because death is inevitable. But suffering doesn't have to be.

This is what trained hospice teams do:

We don't hasten death.

We relieve suffering—at the most sacred time in someone's life.

All medications must be prescribed and managed by a licensed provider.

For educational purposes only.

Thanks to Dr ROBERT J WIELENGA MD whose perspective helped inspire this post.

Also: a gentle reminder to drink water, wash your hands (with SOAP) and get vaccinated.

In Sickness and in Health

Linda Tucker RN MSN

Parish Nurse

A Message from Our Finance Team

Finance Report for November

	Nov. 2025	Nov. 2024 (PY)	\$ Change	% Change
Tithes & Offerings	\$11,476.20	\$10,471.58	\$1,004.62	9.59%
Other Income	\$7,082.14	\$278.80	\$6,803.34	2,440.22%
Total Income	\$18,558.34	\$10,750.38	\$7,807.96	72.63%
Total Expenditure	\$16,567.82	\$20,716.97	(\$4,149.09)	(20.03%)
Net Income	\$1,990.52	(\$9,966.53)	\$11,957.10	119.97%

Year-to-Date Finance Report through November 2025

	Jan-Nov 2025	Jan-Nov 2024 (PY)	Change	% Change
Tithes & Offerings	\$117,878.18	\$129,146.86	(\$11,268.70)	(8.73%)
Other Income	\$66,787.19	\$41,704.50	\$25,082.69	60.14%
Total Income	\$184,665.37	\$170,851.36	\$13,814.01	8.09%
Total Expenditure	\$277,653.68	\$274,767.22	\$2,886.46	1.05%
Net Income	(\$92,988.31)	(\$103,915.86)	\$10,927.55	10.52%

In Christ,

Tracy Sheehy
Finance Director

Sunday Worship
9:00 a.m. Modern Praise
10:30 a.m. Traditional Worship
and
Christian Folk Worship
Thursdays at 5:30 p.m.

January 4th	<i>True Light</i> <i>Wesleyan Covenant Renewal</i> Scripture: John 15:1-8 NRSVUE
January 11th	<i>The Proper Way</i> Scripture: Matthew 3:13-17 NRSVUE
January 18th	<i>Fully Enriched</i> Scripture: 1 Corinthians 1:1-9 NRSVUE
January 25th	<i>All this Bickering</i> Scripture: 1 Corinthians 1:10-18 NRSVUE



Choir Rehearsal

7:00 p.m. ~ Chancel Adult Choir—Thursdays (September thru May)

A Message from Our Lay Leader

A Message from Our Lay Leader

Spreading Love Like Spilt Gravy

I get such a unique view of things by cleaning the church.

After our Church Conference and Thanksgiving Dinner, I was mopping the floor in the Multi-Purpose Room. I was wondering how we could spill SO many times and places all over the floor. Then I started to notice a pattern. It was not so many spills, maybe 10 or 12, then everybody tracked it around the room. Then I wondered how so much was under the tables. Of course, as people spent time there, feet were moving and rubbing off more gravy.

Wouldn't it be great if we could spread love so well and just as a matter of course as we move around. It started at the buffet tables where we filled our plates with food. Food, lovingly prepared with favorite recipes. Then it radiated out as others stepped in it. One shoe to another as we moved around. As we sat at the tables sharing loving company we deposited more. Ten spills tracked to 200 spots.

That is how God's love should be tracked around.

In His Love

Terry Crawford
Lay Leader



ADULT BIBLE STUDIES

Men's Wednesday Morning Bible Study

Wednesdays at 8 a.m.

Adult Bible Study

Wednesday Bible Study

Potluck at 5:30 p.m. followed by Study at 6 p.m.



Board of Trustees ~ Meets 1st Tuesday of Each Quarter at 5:30 p.m.
(January, April, July, October)

Next meeting is: Tuesday, January 6, 2026 in the Resource Center

Nurture Team ~ Meets 3rd Thursday of Each Quarter at 4:00 p.m.
(January, April, July, October)

Next Meeting is: Thursday, January 15, 2026 in the Resource Center


Finance Team ~ Meets the 4th Tuesday of Each Quarter at 5:00 p.m.
(January, April, July, October)

Next meeting is: Tuesday, January 27, 2026 in the Resource Center

Church Council ~ Meets the 4th Tuesday of Each Quarter at 5:30 p.m.
(January, April, July, October)

Next meeting is: Tuesday, January 27, 2026 in the Resource Center

Please Note:
No Christian Folk Worship on the
Thursday, January 1, 2026
We will be back Worshipping together on Thursday, January 8, 2026



Christian Folk Worship

Thursdays at 5:30 p.m.
Christian Folk Worship here at
St. John's UMC

EVERYONE IS INVITED TO JOIN US!

Please Note:
**The Wednesday Night Potluck and Bible Study is taking a
break and will resume meeting on:**
Wednesday, January 14, 2026

Wednesday Night Potluck & Bible Study

**Everyone is invited to join us!
5:30 p.m. Potluck followed by
Bible Study at 6:00 p.m.**

Men's Bible Study

Men of ALL ages are invited to come and discover the
truths of God's word.
Join us on Wednesday mornings at
8:00 a.m. for Fellowship followed by
Bible Study at 8:30 a.m.
All Men are Welcome!





*To Welcome and affirm all people to
experience the love of God,
Learn together to follow the example of
Jesus, and
Work to be a blessing to our community
and the world*

Newsletter Deadlines

<i>Newsletter Month</i>	<i>Submission Deadline Date</i>
January 2026	Friday, December 12, 2025
February 2026	Wednesday, January 14, 2026
March 2026	Wednesday, February 11, 2026
April 2026	Wednesday, March 18, 2026
May 2026	Wednesday, April 15, 2026
June 2026	Wednesday, May 13, 2026
July 2026	Wednesday, June 17, 2026
August 2026	Wednesday, July 15, 2026
September 2026	Wednesday, August 19, 2026
October 2026	Wednesday, September 16, 2026
November 2026	Wednesday, October 14, 2026
December 2026	Wednesday, November 11, 2026
January 2027	Friday, December 11, 2026



**Mark Your Calendars!
Saturday, February 14, 2026
11 a.m.**

**We will be having a 'Cookie Exchange' where we will mix and match the Cookies that we bring into plates to take to our First Responders
We will also have some fun, easy Valentines Crafts.
Everyone is invited to join us for Fellowship and Fun!!!**



**MANY THANKS TO
THE
CERBAT GARDEN
CLUB FOR THEIR
GENEROUS
DONATIONS TO
OUR CHRISTMAS
GIVING TREE THAT
SUPPORTS OUR
CLOTHING CLOSET
HERE AT
ST. JOHN'S**



Nana's Pantry located here at St. John's UMC is:

***OPEN FRIDAYS FROM
9 a.m. to 12:00 p.m.***

St. John's UMC also has a small clothing closet that is open on Fridays during our Food Box distributions

If you are interested in being part of this ministry here at St. John's, please contact Heidi in the Church Office at: (928) 692-8828 or st.johns@citlink.net

DONATIONS NEEDED:

***Canned Veggies; Canned Meat; Canned Beans;
Canned Fruit; Spaghetti Sauce; Dried Pasta;
Rice; Cereal; Canned Soup; Mac & Cheese; Toilet Paper***

PLEASE NOTE:

**THE CLOTHING CLOSET IS NOT CURRENTLY
ACCEPTING DONATIONS AT THIS TIME.**

**Because of your very generous
donations we are currently out of
space to store everything.**

Prayers for our North District Churches

As part of the United Methodist connection we pray to support one another in ministry. During the month of January please pray for these churches, ministries, pastors, congregations, and communities.

- 1) AGOMS UMF, Las Vegas, Nevada
- 2) Advent UMC, Las Vegas, Nevada
- 3) Boulder City UMC, Boulder City, Nevada



Pray Every Day for our Military Members—

Devin Arrants, Brian Barnacle, Justin Bayles, John Belcher, Chris Bradley, Greg Brewer, Dan Brocklehurst, Stacie Brown, Brady Burr, Ryan Burr, Erik Burris, Lucas James Butler, Clint Caldwell, Bobby Carlson, Charles Carroll, Nathaniel Castor, Amber Caswell, Richard Cole, Anthony Costa, Jenny Dalton, Colin Dyer, Daniel Eagan, Karen Eagan, Anthony Elliot, Adam Ernesti, Austin Ernesti, Ben Ferrell, Christie Francis, Adam Georges, Ethan Granger, Holly Gibbons, Joey Gormany, Brenton Green, George Hatchell Jr., Colin Arno Henry, Camerron Higbee, Jessica Huffer, Isaiah Huynh, Brian Illes, Jeremiah Johnson, Travis Johnson, David Kent, Jeffery Lederhouse, Ryan Miller, Danny Morales, Jennifer Parker, Jonathan Parker, Katrina Powell, Tyler Radcliffe, Will Ray, William Ritchie, Juan Roman, Jamuel Ruiz, Bryson Salazar, Ben Schwartfigure, Sean Schwartfigure, Jared Shulpa, Matthew Simone, Troy Smith, Daniel Travis, Jeff Vicario, Ashley Caswell Walker, Andrew Weatherford, Jason Williams, Chad Wright

Long Term Prayer List

To make changes to this list, please call the church office at (928) 692-8828 Monday thru Thursday from 8 a.m. —4 p.m. or email us at stjohnsprayerchain@citlink.net. We make every effort to keep the names on this list current, and we have a quarterly meeting to do so. Your help is appreciated so please do not hesitate to contact us.

Family of Roger Anders; Family of Carol Anderson; Lois Baker; Family of Warren Bard; Family of Susan Bethel; Jennifer Casey; Nicole Castro; Dale Conner; Sally Diehl; Debra Eberly; Gary Forde; Steven Frazine; Family of Arno Gates; Patty George; Dana Godfrey; Jeffrey Gordon; Carol Halen; Jean Hardy; Spencer Hess; Paula Hupp; Family of Julie Jensen; Kimberley Jones; Ed Krause; Amy Lunsford; Betty Mixon; Krista Nielson; Kevin Pratt; Family of Barbara Ricca; Sandra Robison; Patty Roderick; Betty Rowe; Nandhini Sankar; Gert Schacht; Marc Schacht; Debbie Scott; Rodney Shutts; Jennifer Sievert; Martin Sievert; Wade Sievert; Ernestine Stein; Jeremy Thomas; Dr. Tom Thompson; Melissa Van Pelt; Don Waller; Lois Waller; John Walls; Pam Wally; Scott White

For Your Information

Publication Deadlines

Bulletin Announcements for church events are due to the church office by **Tuesdays at 12:00 PM.** Bulletins are printed on Tuesday afternoons.

St. John's Connection for church events and happenings are due to the church office no later than **Tuesdays at 12 p.m.**

The Connection Email is sent out on Wednesday mornings.



The **February 2026 Newsletter** deadline is:
Wednesday, January 14, 2026 by 4:00 PM.

You can e-mail your submissions, with Bulletin, Newsletter, or Connection in the subject line to Heidi at:
st.johns@citlink.net.



Group meetings Saturday mornings at
10:30 a.m. in the
St. John's UMC Multi-Purpose Room

Other Groups that meet here at St. John's UMC

Morning Glories

Third Thursday of the month at 9:30 a.m. (September-June)

T.O.P.S. (Take Off Pounds Sensibly)

Friday mornings:

Weigh-In begins at 8 a.m.

Meetings begin at 9:30 a.m.

Cerbat Garden Club

Second Wednesday of the month at 10 a.m. (August-June)

Bible Readings; Birthdays; Anniversaries



January Daily Bible Readings

January 1	Psalm 103, 148; Matthew 2:13-23
January 2	Psalm 33, 34; John 6:1-14
January 3	Psalm 23, 27; John 6:15-27
January 4	Psalm 85, 87; John 9:1-12, 35-38
January 5	Psalm 66, 67; John 6:41-47
January 6	Psalm 96, 97; Matthew 2:14-21
January 7	Psalm 114, 115; John 6:30-33, 48-51
January 8	Psalm 117, 118; John 7:37-52
January 9	Psalm 123, 131; John 8:12-19
January 10	Psalm 138, 139; John 10:7-17
January 11	Psalm 148, 150; John 14:6-14
January 12	Psalm 146, 147; John 1:29-34
January 13	Psalm 3,4,7; John 1:1-18
January 14	Psalm 10, 11; John 1:19-28
January 15	Psalm 12, 13, 14; John 1:29-42
January 16	Psalm 18; John 1:43-51
January 17	Psalm 17, 22; John 2:1-12
January 18	Psalm 116, 117; John 2:13-22
January 19	Psalm 114, 115; Mark 3:7-19
January 20	Psalm 15, 25; John 2:23-3:15
January 21	Psalm 26, 28; John 3:16-21
January 22	Psalm 119:25-48; John 3:22-36
January 23	Psalm 37, John 4:1-15
January 24	Psalm 31, 35; John 4:16-26
January 25	Psalm 42, 43; John 4:27-42
January 26	Psalm 98, 103; Mark 7:31-37
January 27	Psalm 44, 52; John 4:43-54
January 28	Psalm 47, 48; John 5:1-18
January 29	Psalm 49, 53; John 5:19-29
January 30	Psalm 59, 60; John 5:30-47
January 31	Psalm 51, 54; John 6:1-15

January Birthdays

January 4—Melissa Dahmer

January 5—Doug Deering

January 7—Amber Glaeser

January 10—Noreen Frisch

**January 14—Heidi Heer
Jeanne Thurman**

January 17—Andrea Heer-Elliott

January 18—Roscoe Bevins

January 19—Amy Lunsford

January 30—Lisa Brownfield



***Robin & Joe Lipuma
January 1, 2016 (10 years)***

***Terry Crawford & Daniel Baehne
January 2, 1978 (48 years)***

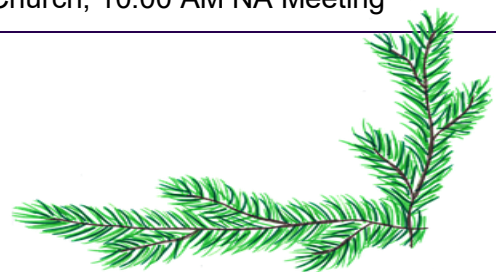
January 2026 Calendar

Thursday, January 1	New Year's Day Church Office Closed
Friday, January 2	Church Office Closed
Saturday, January 3	9:00 AM St. Michael's Catholic Church; 10:00 AM NA Meeting; 10:30 AM McIver Memorial Service ; 5:00 PM NA 1st Saturday
Sunday, January 4	8:30 AM Pastries & Fellowship; 9:00 AM Modern Praise 10:00 AM Pastries & Fellowship; 10:30 AM Traditional Worship
Monday, January 5	5:30 PM Monday Big Book Study
Tuesday, January 6	12:00 PM Bulletin/Connection Deadline 4:00 PM Community Book Club; 5:30 PM Trustees Meeting
Wednesday, January 7	Cornerstone Pick-Up 8:00 AM Men's Bible Study; 1:00 PM Garden Club Board Meeting
Thursday, January 8	11:00 AM Widow & Widowers; 4:30 PM GriefShare 5:30 PM Christian Folk Worship 7:00 PM Chancel Choir Rehearsal
Friday, January 9	Cornerstone Pick-Up 8:00 AM TOPS; 9:00 AM Mission 'Food Boxes'
Saturday, January 10	9:00 AM St. Michael's Catholic Church; 10:00 AM NA Meeting;
Sunday, January 11	8:30 AM Pastries & Fellowship; 9:00 AM Modern Praise 10:00 AM Pastries & Fellowship; 10:30 AM Traditional Worship
Monday, January 12	5:30 PM Monday Big Book Study
Tuesday, January 13	12:00 PM Bulletin/Connection Deadline
Wednesday, January 14	8:00 AM Men's Bible Study; 10:00 AM Cerbat Garden Club 5:30 PM Potluck; 6:00 PM Bible Study
Thursday, January 15	Cornerstone Pick-Up 9:00 AM Morning Glories; 4:00 PM Nurture Team Meeting 4:30 PM GriefShare 5:30 PM Christian Folk Worship 7:00 PM Chancel Choir Rehearsal



January 2026 Calendar

Friday, January 16	8:00 AM TOPS; 9:00 AM Mission 'Food Boxes' 6:00 PM Young Adult Ministry (YAM) & Singles Group
Saturday, January 17	8:00 AM Men's Fellowship; 9:00 AM St. Michael's Catholic Church; 10:00 AM NA Meeting
Sunday, January 18	8:30 AM Pastries & Fellowship; 9:00 AM Modern Praise 10:00 AM Pastries & Fellowship; 10:30 AM Traditional Worship
Monday, January 19	5:30 PM Monday Big Book Study
Tuesday, January 20	12:00 PM Bulletin/Connection Deadline
Wednesday, January 21	8:00 AM Men's Bible Study; 5:30 PM Potluck; 6:00 PM Bible Study
Thursday, January 22	4:30 PM GriefShare 5:30 PM Christian Folk Worship 7:00 PM Chancel Choir Rehearsal
Friday, January 23	8:00 AM TOPS; 9:00 AM Mission 'Food Boxes'
Saturday, January 24	9:00 AM St. Michael's Catholic Church; 10:00 AM NA Meeting Betty Mixon Memorial Service
Sunday, January 25	8:30 AM Pastries & Fellowship; 9:00 AM Modern Praise 10:00 AM Pastries & Fellowship; 10:30 AM Traditional Worship
Monday, January 26	Cornerstone Pick-Up 5:30 PM Monday Big Book Study
Tuesday, January 27	12:00 PM Bulletin/Connection Deadline 4:30 PM Preschool Board; 5:00 PM Finance Team 5:30 PM Church Council
Wednesday, January 28	8:00 AM Men's Bible Study; 5:30 PM Potluck; 6:00 PM Bible Study
Thursday, January 29	4:30 PM GriefShare 5:30 PM Christian Folk Worship 7:00 PM Chancel Choir Rehearsal
Friday, January 30	8:00 AM TOPS; 9:00 AM Mission 'Food Boxes' Lay Servant Ministry
Saturday, January 31	Lay Servant Ministry 9:00 AM St. Michael's Catholic Church; 10:00 AM NA Meeting





1730 Kino Avenue
Kingman, Arizona 86409

Church Staff

Senior Pastor	Rev. Amy Kalm
Office Administrator	Heidi Heer
Treasurer	Tracy Sheehy
Modern Praise Music Director	Chris Commisso
Traditional Music Director	Karin Kopecky
Christian Folk Music Director	Mike Mixon
Preschool Director	Mande Padilla

Connection Staff

District Superintendent	Rev. Timote Piukala
Resident Bishop	Bishop Carlo A. Rapanut

Church Office Hours

Monday-Thursday 8:00 am-4:00 pm
Closed for Lunch: 1 p.m.-2 p.m.
Friday 8 am-2:00 pm
(928) 692-8828/Fax (928) 692-8799

Worship at St. John's UMC

Sundays:

*9:00 AM ~ Modern Praise
10:30 AM Traditional Worship*

*Christian Folk Worship
Thursdays at 5:30 p.m.*

Email: st.johns@citlink.net
Website: stjohnsumc.com

