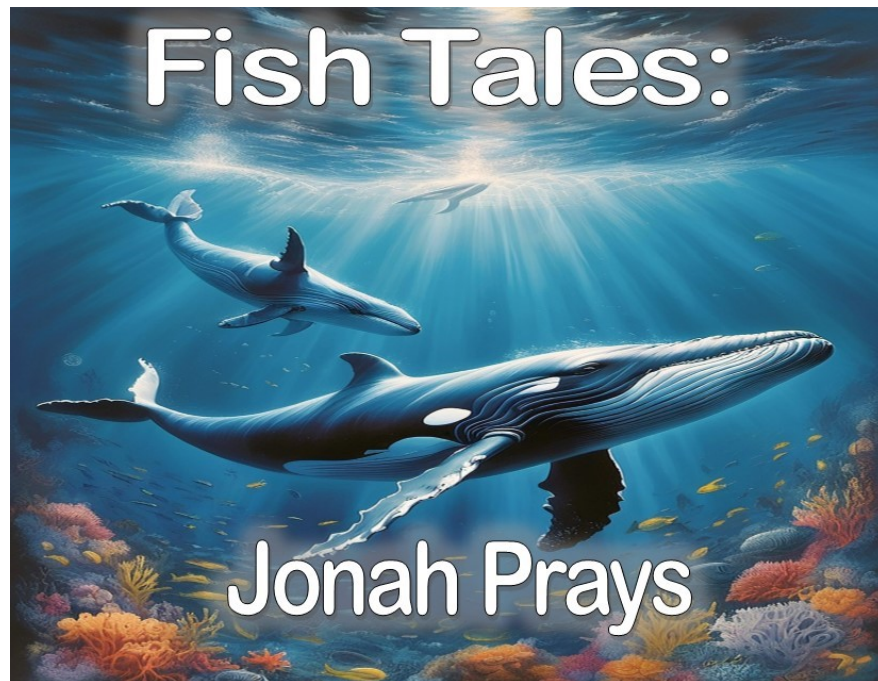


*The Gathering at
St. John's United Methodist Church
Welcome we're so glad you are here
and will come back*



***August 23, 2026
9:00 a.m. Modern Praise***

*To Welcome and affirm all people to experience the love of God,
Learn together to follow the example of Jesus, and
Work to be a blessing to our community and the world*

*PLEASE, as a courtesy to your fellow worshippers, 'silence'
Your cell phones before worship begins. Thank you!*
1730 Kino Avenue – Kingman, Arizona 86409-3083
(928) 692-8828 ~ Fax: (928) 692-8799
Website: www.stjohnsumc.com

** Please stand as you are able*

Announcements

*** Music to Praise God**

Lion of Judah

I Will Call Upon the Lord

As the Deer Pants for the Water

Children's Message

Pastoral Prayer

The Lord's Prayer

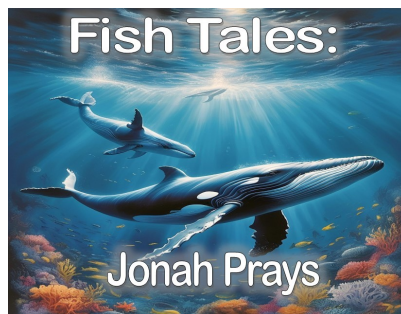
Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. Lead us not into temptation, but deliver us from evil, for Thine is the kingdom and the power and the glory forever! Amen.

Gift of Music

God's Holy Word

Jonah 2:1-10
NRSVUE

The Message



Rev. Amy Kalm

Sermon Song ~ *Amazing Grace/Peaceful Easy Feeling*

Offering/* Modern Doxology



Praise God, from Whom All Blessings Flow

United Methodist Hymnal # 95

Our Giving To The Work Of The Church

* Offertory Prayer

* Music For The Journey

Fear Not—Be Bold





PRAYERS FOR HEALING

- | | |
|---|---|
| † Sandra Eisner—heart issues | † Ron (Tracy's dad) |
| † Zack Larson-knee injury | † Ginny Patterson |
| † Andra Goldberg | † Amanda Castro (lupus) |
| † Timothy Griep | † Jean Kowall (leukemia) |
| † Amber Balk | † Ricardo (surgery) |
| † Laura | † Jax Harvey (4 mo. Old) |
| † Chris Hadley-possible Cancer | † (heart surgery) |
| † Nola (Friend of Ruth C.) | † Gert Schacht (Heidi's dad) |
| † Bob Tuomi | † Delilah Alvarado |
| † Rebecca Faris (surgery) | † Evelyn Dearborn |
| † Deb (friend of Linda Tucker) | † Brita McDaniel |
| † Lincoln Smith—cancer | † Kathy Reimund |
| † Cathy Chadwick (Brandy McCoy's Sister) - Cancer | † Nancy Shepard |
| † Pat Cropper | † Phil McKweon |
| † Rev. Nancy Cushman | † Paul Player |
| † Dan V. | † Donna Mauer |
| † (Danny Valderain's son) | † Ron Sutliff |
| † Mike P. (Sandie Womack's brother in-law) | † Judy Venenga (brain cancer) |
| † Lorelei Tuomi | † Jeannette Henderson |
| † Corey | † (Lisa Brownfield's Mom) |
| † Liz Stahulak | † Patti Cropper |
| † Jan Thill | † Debbie Lewis |
| † Rick Gagnon | † Luke Thatcher |
| † Noni Dye –cancer | † Cheri Forsyth's sister Shelley and her nephew Max |
| † Cyndy Aden | † Nicole Castro daughter of Michaela Jefferies |
| † Paul Stahulak | † Lauren & Leeann—health concerns & guidance |
| † Peggy Connell | † Connie Jackson |
| † Laurene McKweon | † (friend of Lesa Vishon) |
| † Jodi Kershner | † Fred Grigg |
| † (shoulder surgery) | † John Rose (kidney cancer) |
| † Zack Larson (torn MCL) | † Sophia—stroke |
| † Larry (stroke) | † Chuck McKee |
| † A.P. (surgery) | † Cheyanne B. |
| † Lynda Allen | † Jane—cancer |
| † Olivia Gebbart | † John Shaorter |
| † Mac McAfee | † Karen—bone cancer |
| † LeAnn Bard | † Sarah Sprague |
| † Susyn Klein | † Bobby L. |
| † John Pool | † Beverly Johnson |



JOYS AND THANKSGIVING

PRAYERS FOR SYMPATHY

- † Dorothy Sanderford—Hospice
- † Family of Nicole Nelson
- † Pat Heinze—Hospice

PRAYERS FOR GUIDANCE & OTHER CONCERNS

- † People in Hawaii affected by the Hurricane
- † Ichigo Milton (Mary Zina's son)
- † Donald Ruger, Jr. & Family—prayers for Guidance & Hope.
- † Aerielle Ruger—prayers for Guidance
- † James Bevins—prayers for Travel Mercy & Safety as he & All firefighters fight fires this fire season
- † Prayers for Guidance for Martin Sievert Family
- † Toni (business & personal issues)
- † Lindy Bowman
- † Brian Higgins
- † Tom & Carolyn L.—health concerns & changes in their lives
- † France A.—Prayers for her Grand-Daughters
- † Karen (Friend of Sue Snell) - multiple issues





Christian Folk Worship

Thursdays at 5:30 p.m.

Christian Folk Worship here at
St. John's UMC

EVERYONE IS INVITED TO JOIN US!



Women Doing Life Together

This group will provide an opportunity for
Women to share with each other.

We will gather Every Tuesday at
9:15 a.m. at St. John's UMC

Please contact Barb Parker at:
(928) 530-2156

For More Information or with Questions.

OPEN TO ALL WOMEN!!!



Nana's Pantry located here at St. John's UMC is:

***OPEN FRIDAYS FROM
9 a.m. to 12:00 p.m.***

St. John's UMC also has a small clothing closet that is open on Fridays during our Food Box distributions

DONATIONS NEEDED:

***Canned Veggies; Canned Meat; Canned Beans;
Canned Fruit; Spaghetti Sauce; Dried Pasta
Rice; Cereal; Canned Soup; Mac & Cheese
Toilet Paper***

PLEASE NOTE:

**Our Clothing Closet is now Accepting
Fall and Winter Clothing for Men,
Women, and Children.**

**We are also in need of linens:
Bath Towels; Kitchen Towels;
Blankets; Sheets**

**ALL Items Must be Clean and
in good shape**



Chair Yoga

Chair yoga is a gentle practice in which postures are performed while seated and/or with the aid of a chair. Chair yoga classes typically target those with physical disabilities or aging men and women who find a typical yoga session too challenging. It is also a great form of yoga for beginners or anyone who wants to focus on a gentle practice.

Tuesdays at 11:00 a.m.

**St. John's UMC
Multi-Purpose Room**

Instructed by: Judy Norris

Average Monthly Attendance July 2026

Modern Praise	40
Traditional	39
Christian Folk	9
Christian Folk—Online	32
Sunday—Online	32

Wednesday Night Potluck & Bible Study

Everyone is invited to join us!
5:30 p.m. Potluck followed by
Bible Study at 6:00 p.m.

Men's Bible Study

Men of ALL ages are invited to come and discover the
truths of God's word.

Join us on Wednesday mornings at
8:00 a.m. for Fellowship followed by
Bible Study at 8:30 a.m.

All Men are Welcome!

Sermon Notes

Facing the Depths

- ✚ Jonah prays from the "belly of Sheol" (the depths of despair). What does the "belly of Sheol" look like in our modern lives?
- ✚ How do you handle situations where you realize your own poor choices caused your current crisis?
- ✚ What does it look like practically to "remember the Lord" (v. 7) when your life or faith feels like it is fading away?
- ✚ Jonah offers a "sacrifice of thanksgiving" while still trapped inside the fish. Why is it important to praise God *during* our trials rather than waiting until after we are rescued?
- ✚ Jonah concludes his prayer with: *"Salvation comes from the Lord."* Why must we constantly remind ourselves that we cannot save ourselves physically, emotionally, or spiritually?



This week instead of the Amy Odyssey, we are going to have Pastor Ponderings. Recently I've had questions about my ordination process, and I also realize that many of you do not know the story of how I felt the call of God to be a pastor. So in place of Amy Odyssey, we will have Pastor Ponderings.

All that talk last week about Jonah and that call that he didn't obey made me think of my own call story. While I didn't blatantly disobey it, I definitely dragged my feet. Here's part one of Rev Amy's call story. (It may take a few parts to get through all of this.)

It was December 2013, and I was headed down a road that I had long fought to avoid. My marriage was falling apart, and I was pretty sure this was it. Over the course of the last few years, our church attendance had dwindled to nil. It just became easier than fighting about church.

At this point though if I needed nothing else, I knew I needed to be in church.

The last church we'd attended as a family was an ELCA Lutheran church in Green Valley, AZ. I really liked the pastor, Martin Overson. I had heard that the Saturday night service I attended had changed from contemporary to country music. But it was Christmas time, so we sang carols. How country it had become wasn't clear to me until the first Sunday after Christmas. Whoa...was it country. It was pickin' and grinin country. While I like Pastor Overson's preaching, I just knew that music was going to do everything but soothe my soul. I left knowing I needed to find a different church.

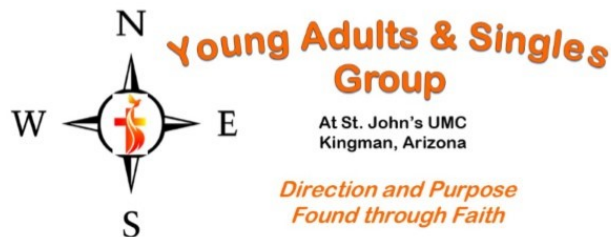


Jon was in his last year at ASU, so it was just Suzanne, Meg, and I. We looked at 2 churches that had a contemporary music service. One was a Missouri Synod Lutheran church. While they had good music, their position on social issues like LGBTQ didn't align with mine. So that's how we ended up at Santa Cruz Valley UMC. I'm sure it was no accident that the sermon series Rev. Angie McCarty Bell was starting was based on the Adam Hamilton series "Why". It helped me acknowledge my part in where my marriage was ending up. At first, I didn't tell anyone about what was happening in my life at first. Some of it was shame, some of it was that I was getting what I needed from the church. We became members that Easter Sunday. It took me several months to finally reach out to Rev. Angie about my situation. But imagine my surprise that when we connected it was for her to tell me that she would be walking the same road. Her husband of 16 years was leaving her. We met regularly for coffee, food, and running. (Yes, I was able to run in those days...le sigh) She also started giving me things to do, like creating the bulletin each week. When we weren't able to afford a bookkeeper anymore, I took on that task because well, I worked for Intuit supporting QuickBooks.



I'm going to include some extra stories in this, because they were downright funny. So in 2015 it was Good Friday. Rev. Angie and I had agreed to meet a friend of hers for karaoke at the neighborhood sports bar after the service. It's a good time to note that karaoke was never my forte. In the past, when I'd try, the karaoke machine always had to do most of the singing. So now in 2015 I'm seriously thinking this time I can do it. Rev. Angie's friend joins us and almost immediately after Angie says she isn't feeling well and needs to go home. Her friend looks at me and says, "I came out here just to karaoke, you aren't going home." In my mind I thought, "Fine...I'll just stay an hour." Well, one I sang my first song, I sang, and I sang, and I sang. I sang all night long. I was hoarse from singing so much. I did something that night I've never done before or since. I closed down the bar. I hate to admit this, but it felt so good and so freeing. Flash forward a few days to Easter Sunday. I laughed as I told Rev. Angie what I did on Friday night. She laughed, then looked at me seriously and said, "If you can do that you can get up there." She was pointing to the stage where the praise team was gathered. Guess who showed up at Praise Team practice the next week? (Don't get any ideas...I'm not really that strong a singer.) That's all you get for this week. Next week we'll look at how changes in Rev. Angie's life pushed me even deeper into the life of the church.

New Church Office Hours:
Monday thru Thursday
9 a.m. ~ 3 p.m.
(Closed for Lunch: 1 p.m. ~ 2 p.m.)
Closed Fridays
Food Box Distributions are as usual
Fridays from: 9 a.m. ~ 12 p.m.



2026 Activities
September thru December

September 19	Mohave County Fair
October 16	Heidi Cooks for Us
November 20	Movie Night
December 18	Baking Cookies

St. John's UMC Weekly Calendar August 23, 2026 thru August 29, 2026

Sunday ~ August 23

8:30 AM Pastries & Fellowship

9:00 AM Modern Praise

10:00 AM Pastries & Fellowship

10:30 AM Traditional Worship

6:00 PM Trust in the Lord Service

Monday ~ August 24

Cornerstone Pick-Up

5:30 PM Monday Big Book Study

Tuesday ~ August 25

12:00 PM

Bulletin/Connection Deadline

9:15 AM Women Doing Life

11:00 AM Chair Yoga

Wednesday ~ August 26

8:00 AM Men's Bible Study

5:30 PM Potluck

6:00 PM Bible Study

8:00 PM Trust in the Lord Study

Thursday ~ August 27

11:00 AM KEMA Meeting

2:00 PM GriefShare

5:30 PM

Christian Folk Worship

Friday ~ August 28

8:00 AM T.O.P.S.

9:00 AM Missions 'Food Boxes'

12:30 PM Widow & Widowers

Saturday ~ August 29

8:00 AM Emmaus Training

9:00 AM St. Michael's Catholic

10:00 AM NA Meeting

To the Parents of Our Young Children, may we suggest...

Relax! God put the wiggle in children; don't
feel you have to suppress it in God's house.
All are Welcome!